

# RDNS International Institute of Seniors and Community Care

RDNS Chartered Course  
– Nursing and Care Stream



# RDNS Chartered Course – Nursing and Care Stream

Helping seniors to live their best life is at the heart of everything we teach at the RDNS International Institute. With this philosophy, we are helping organisations develop the skills, knowledge and capabilities to become leaders in seniors care.

The RDNS Chartered Course – Nursing and Care Stream is designed to develop skilled nurses and care workers with a range of training options from intense workshops to certificate and diploma level courses.

## Certificate courses

### RDNS International Institute Certificate III in Seniors Care

The RDNS International Institute Certificate III in Seniors Care will prepare people for work in an aged care residential facility or in a client's home delivering personal care, social support and/or domestic assistance. It is equivalent to the standard entry training for workers in the Seniors Care sector in Australia. The content in this Seniors Care course will introduce students to all aspects of a carer's role including personal care, well-being and help with daily activities.

Experienced teachers, who are experts in the field, will guide students through the program which involves theoretical study and practical industry experience.

This qualification will equip students to work under supervision as a personal carer in residential seniors care facilities.

The course can be completed part time over one year or full time over six months.

Once complete, you can extend your skills by studying RDNS International Institute's Certificate IV course in Seniors Care.

### Sample units from this course

<b>CHCAC318B</b>	Work effectively with older people
<b>CHCAC319A</b>	Provide support to people living with dementia
<b>CHCCS411C</b>	Work effectively in the community sector
<b>CHCAC317A</b>	Support older people to maintain their independence
<b>CHCICS301B</b>	Provide support to meet personal care needs
<b>CHCICS302B</b>	Participate in the implementation of individualised plans
<b>CHCICS303A</b>	Support individual health and emotional well-being
<b>CHCWHS312A</b>	Follow Workplace Health & Safety procedures for direct care work

<b>CHCPA301B</b>	Deliver care services using a palliative approach
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<b>HLTAP301B</b>	Recognise healthy body systems in a health care context
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### Elective units

<b>CHCMH301C</b>	Work effectively in mental health
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<b>HLTHIR403C</b>	Work effectively with culturally diverse clients and co-workers
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<b>CHCAC417A</b>	Implement interventions with older people at risk of falls
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<b>HLTIN301C</b>	Comply with infection control policies and procedures
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*Medication unit available as an elective*

## RDNS International Institute Certificate IV in Seniors Care

The RDNS International Institute Certificate IV in Seniors Care is for people already employed in aged care or those with industry experience. It is designed to develop existing knowledge and skills to deliver the best service to seniors.

A pre-requisite for this course is the RDNS International Institute Certificate III in Seniors Care.

To enrol in this course, you must complete these compulsory units from Certificate III in Seniors Care.

<b>CHCAC318B</b>	Work effectively with older people
<b>CHCAC319A</b>	Provide support to people living with dementia
<b>CHCCS411C</b>	Work effectively in the community sector
<b>CHCICS303A</b>	Support individual health and emotional well-being
<b>CHCPA301B</b>	Deliver care services using a palliative approach
<b>HLTAP301B</b>	Recognise healthy body systems in a health care context

## Sample units from this course

The Certificate IV in Seniors Care is made up of 15 units: 10 core units and 5 elective units.

Course units	
<b>CHCAC412B</b>	Provide services to older people with complex needs
<b>CHCAC416A</b>	Facilitate support responsive to the specific nature of dementia
<b>CHCAC417A</b>	Implement interventions with older people at risk of falls
<b>CHCAD401D</b>	Advocate for clients
<b>CHCCS400C</b>	Work within a relevant legal and ethical framework
<b>CHCICS401B</b>	Facilitate support for personal care needs
<b>CHCICS402B</b>	Facilitate individualised plans
<b>CHCINF403E</b>	Coordinate information systems
<b>CHCNET404B</b>	Facilitate links with other services
<b>CHCORG406C</b>	Supervise work
Elective units	
<b>CHCWHS312A</b>	Follow Workplace Health & Safety procedures for direct care work
<b>HLTHIR403C</b>	Work effectively with culturally diverse clients and co-workers
<b>CHCICS410A</b>	Support relationships with families, carers and friends
<b>CHCCOM403A</b>	Use targeted communication skills to build relationships
<b>CHCMH402B</b>	Apply understanding of mental health issues and recovery processes
	<i>Medication unit available as an elective</i>

## Other support service courses

### RDNS Chartered Seniors and Community Care Clinical Governance Course

This intensive three day course is designed to assist participants to understand the link between quality and safety in seniors care and the person-centred approach.

Course participants will learn to critically analyse clinical documentation systems, improve clinical outcomes and manage clinical risk. Through analysis, students will develop a comprehensive understanding of the link between clinical governance and the overall quality and safety systems within an organisation.

Course participants will also:

- Use governance tools to diagnose quality and safety issues and measure performance at a clinical level; and
- Synthesise policy and procedure based on good evidence in order to promote clinical excellence.

### Specialist Care Courses

These courses are delivered as short sessions and are designed to enhance the knowledge of seniors care staff and give them the skill and confidence to manage specific chronic conditions.

Delivered as one day intensive sessions, these courses cover conditions such as Dementia, Diabetes, wound management and other conditions that affect seniors.

### Seniors Care Customised Course

RDNS International Institute can also customise a course in seniors care to suit your needs.

A customised course in nursing and seniors care could include units from certificate courses (in isolation or combination) or could be built in consultation to address specific areas of need.

This process would involve our skilled consultants assessing your operational requirements and designing a course unique to your organisation.

## About RDNS – Australian leader in nurse and community care education and training

**RDNS** has been certified as a Federal Government Registered Training Organisation for over 15 Years and has provided in-home nursing and support since 1885

**RDNS** has received numerous national awards including an Australian Government Ministers Award for Excellence in Aged Care – Excellence in Staff Development and Training

**RDNS** Education and Learning Centre has over 130 standard courses aimed at improving the health and welfare of seniors

**RDNS** is one of Australia's most trusted providers of health and aged care services.

### To find out more about our Nursing and Care Stream, contact:

Email: [intenquiries@rdns.com.au](mailto:intenquiries@rdns.com.au)

Or visit [www.rdns.com.au](http://www.rdns.com.au)

11\F., Block A, Gateway, 18 Xiaguangli,  
East Third Ring North Road,  
Beijing 100027, China

Head Office, 31 Alma Road, St Kilda  
Victoria 3182, Australia



Winner – Best Staff Capability Development Programme – RDNS Manager's Toolkit at the Asia Pacific Eldercare Innovation Awards Singapore 2014



Finalist – Best Product to Support Ageing-in-place – RDNS Skin Awareness Program at the Asia Pacific Eldercare Innovation Awards Singapore 2014



Winner of the Outstanding 'ICT' Innovation Award at the Asia Pacific Eldercare Innovation Awards Singapore 2013



Finalist 2014 AustCham Westpac Australia China Business Awards – Business Excellence Award for Education and Training



Australian Government Minister's Award For Excellence in Aged Care – Excellence in Training and Staff Development



Australian Government Minister's Award For Excellence in Aged Care – Community Care

